

PERMITTED FOODS

PRODUCT	FRESH/UNREFRIG	REFRIG	FROZEN	SEE BELOW
Fruit	yes	yes	yes	8,11,13
Vegetables	yes	yes	yes	3,11,13
Honey	yes	n/a	n/a	1,13
Meat	no	yes	yes	1,2,9,13
Poultry	no	yes	yes	1,2,9,13
Dairy products	no	yes	yes	10,13
Baked goods	yes	yes	yes	4,5,9,13
Prepared/processed foods				
Cabbage rolls w/o meat	no	yes	yes	5,9,13,
Perogies	no	yes	yes	5,9,13
Pizza	no	yes	yes	5,9,13
Cured ham/bacon	no	yes	yes	2,9,13
Pickled eggs	yes	yes	n/a	1,9,13
Jelly/jam	yes	yes	n/a	1,9,
Pickled vegetables	yes	yes	n/a	1,
Relish	yes	yes	n/a	1,
Candies	yes	n/a	n/a	1,5,13
Fudge	yes	n/a	n/a	1,5,13
Chocolate	yes	n/a	n/a	1,5,13
Eggs	yes	n/a	n/a	1,5,12
Cold, frozen drinks	yes	yes	yes	1,6,
Lunch facilities	yes	yes	yes	1,7

1. Must meet all local bylaws, provincial and federal regulations
2. Fresh or frozen meat or poultry products must be from an approved source.
3. No home preserved/canned vegetables or meat allowed, including those that are pressure canned, except pickled vegetables and relish
4. No cream filled or custard filled pastries, or pies with meringue.
5. No products containing meat, milk or egg in filling or topping (exception - milk or egg in filling is acceptable if the product is baked)
6. Water must be from a source approved by the local authority
7. Must meet provincial Public Eating Establishment Regulations
8. Cut melons must be wrapped and refrigerated.
9. Product requires protection from consumer handling.
10. Only commercially pasteurized milk or milk products may be sold.
11. Contact Canadian Food Inspection Agency (ph: Regina 780-7112)
- 12 Cracked eggs are prohibited. More information as above
13. New packaging must be used.

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NOTE: This information applies ONLY to foods sold at Farmers' Markets. Please contact your local Public Health Inspector for the information applying to other types of sales